

Gone fishing

An East-African immersion programme aimed at connecting decision makers in Corporate Australia with the people of Africa. This program centres upon a twelve day immersion visiting a variety of projects supported by the Edmund Rice Foundation. Gone Fishing is aimed at providing a unique opportunity for individuals who are looking to attend a meaningful and challenging international professional development program. The program seeks to harness and further develop the leadership, management and interpersonal skills of each attendee whilst at the same time presenting the human face of Africa with all its vibrancy and complexity.



Figure 1 Boy travelling to the Ruben school from home

Motivation:

The Gone Fishing program is aimed at men and women who have influence over the decision-making structures that will determine the world of tomorrow. The Edmund Rice Foundation in recognising this reality seeks to provide an opportunity for business people to immerse themselves in the development projects of East Africa. Our hope is to inspire, challenge and engage each participant to be agents for change in their own community and to motivate others to support the impoverished and disempowered on their own doorstep.



Figure 2 Mukuru slum: Women taking a break

The ‘Gone Fishing’ program is a unique opportunity for participants to experience the dual nature of the African continent. It aims to introduce participants into a direct, one on one relationship with the patrons and the volunteers of the East African development projects. The program invites participants to reflect upon these relationships in order to build a deeper understanding of the transformational ability of individuals to affect positive change in their immediate, respective worlds.

The programme will aim to engage participants in critical social analysis, break open the effects of dualistic thinking and empower each individual to see themselves as part of the solution.

The invitation to **‘teach each other to fish’** – is key to the Gone Fishing program. Throughout the immersion participants will be challenged to fully interact with the people of Africa; there will be times when you will be teaching in a classroom, assisting in a medical clinic; visiting a wildlife park, eating in one of Africa’s finest restaurants or sharing a meal with the local orphans of the Kibera slum. All these activities will be aimed at awakening your sense and challenging your mindset.

The most important part of the Gone Fishing program will be the time that you spend reflecting, defining and making sense of your experience. Each person will walk away from ‘Gone Fishing’ with a different lens upon life. The challenge of Gone Fishing will therefore centre upon how you utilise this program to change and renew your life back in Australia.



Figure 3 Ruben Health Clinic

Immersion Tour: Draft

Date	Activity	Contact	Details
Day 1	February 17th	Anthony Ryan	+61 435963091
Travel Day	Own travel (You will need \$50 US for your Visa) Remember to fill out the Visa form at Passport control (Green or White form)	Anthony Ryan and the three African guides will meet you at the airport.	
Day 2	February 18 th		
AM:	Rest/Breakfast at Mary Ward Meet with our guides Introduction by Russell Peters Matatu Trip with Guides		
PM:	Lunch Meet with Gerard Ellul (East African Leader).		
Guides			
Team 1	Patrick Bakira	+254 720 725 271	
Team 2	Godfrey Isali	+254 723 736 397	
Team 3	Samuel Karanja	+254 723 548 496	
Evening	Dinner at Carnivore		
Day 3	February 19 th (Cycle 1)		
0600	Team 1 travels to Embulbul		
0630	Team 3 travels to Ruben (Balozi Gardens)		
0700	Team 2 travels to Mary Rice Centre		
0930 - 1530	Team works at each program for a day and a half (see back page for further details)		
1530 onwards	Team 1 to sleep at Embulbul Team 2 travel back to Mary Ward Team 3 sleep over at the Ruben apartment with Shane Arnold		
1830	Dinner Team 1 and 2 at Mary Ward Team 3 at Ruben Apartment		
2030	Drinks		
Day 4	February 20 th (Cycle 1)		
0600	Team 1 travels to Embulbul		
0630	Team 3 leaves for Ruben		
0700	Team 2 travel to Mary Rice		
0930-1230	Team works at each program for a day and a half (see back page for further details)		
1230 onwards	Team 1 and 2 travel back to Mary Ward Team 3 Returns to Mary Ward		
1530	Golf at the Karen Country Club (5500 kshs) or a visit to the Elephant orphanage.		
1830	Dinner at Karen Blixen		

2030	Debrief of first four days.	
Day 5	February 21st (Cycle 2)	
0600	Team 2 travels to Embulbul	
0630	Team 1 leaves for Ruben	Team 1 must have bags pre packed for the Masai Mara
0700	Team 3 travel to Mary Rice	
0930-1530	Team works at each program for a day and a half (see back page for further details)	
1530 onwards	Team 2 to sleep at Embulbul Team 3 travel back to Mary Ward Team 1 sleep over at the Ruben apartment with Shane Arnold	
1830	Dinner Team 3 at Mary Ward Team 1 at Ruben Apartments Team 2 at Embulbul	
2030	Drinks	
Day 6	February 22nd (Cycle 2)	
0600	Team 2 travels to Embulbul	
0630	Team 1 leaves for Ruben	
0700	Team 3 travel to Mary Rice	
0930-1230	Team works at each program for a day and a half (see back page for further details)	
1230 onwards	Team 2 and 3 travel and pack for the Masai Mara Team 1 travels to Wilson airport	
1515	Masai Mara	Formal Dinner and Safari
Day 7	February 23rd Masai Mara	
All day	Safari/Shopping/Exploring	
Day 8	February 24th Masai Mara	
0600	Breakfast and Safari	
1315	Return to Nairobi	
1630 onwards	Braii with all Volunteers/guides/Brothers community	
1830	Reflection	
Day 9	25th (Cycle 3)	
0600	Team 3 travels to Embulbul	
0630	Team 2 leaves for Ruben	
0700	Team 1 travel to Mary Rice	
0930-1230	Team works at each program for a day and a half (see back page for further details)	
1530 onwards	Team 1 travel back to Mary Ward Team 2 sleep over at the Ruben	

	apartment with Shane Arnold Team 3 sleep over at Embulbul
1830	Dinner Team 1 at Mary Ward Team 3 at Embulbul Team 2 at Ruben Apartment
Day 10	26 th (Cycle 3)
0600	Team 3 travel to Embulbul
0630	Team 2 leaves for Ruben
0700	Team 1 travels to Mary Rice
0930- 1230	Team works at each program for a day and a half (see back page for further details)
1230	Team 1 and 3 travel back to Mary Ward Team 2 Returns to Mary Ward
Day 11	Travel home or on to other destinations.

Key Contacts:

Agency	Contact person	Number
Gone Fishing Staff	Anthony Ryan	+61 435 963 091 all hours Australian mobile
	Peter Hogan	+61 418 633 181
	Shane Arnold	+61 417 077 287
Edmund Rice Foundation (Australian Office)	Robert Stone	03 8359 0110 +61 409225391
Africa Head office	Gerard Ellul	+254 20 600 6452 (office) +254 20 600 3865 (house)
Guides		
Team 1	Patrick Bakira	+254 720 725 271
Team 2	Godfrey Isali	+254 723 736 397
Team 3	Samuel Karanja	+254 723 548 496
Team 1 Patrick Bakira (Leader) Peter Murphy Madeleine Chiller Damian Wright Geoff Rodgers	Team 2 Godfrey Isali (Leader) David Waldie Kylie Lang John Tyquin	Team 3 Samuel Karanja (Leader) Andrew Kelly Rachael Trihey John Lazarou

